

My Advice & Testimony

- Keep Journals. The most magnificent time in history, don't mess this up! Where would we be without the pioneer journals?



Block Out Anything that Stops the Spirit!

- TV (inappropriate images, language, content)
- News (frustration, anger)
- Social Media (anger, anxiety, time drain, addiction)
- Anger, yelling, name calling, profanity
- Gossip, judging, corrupt language
- Resist the need to comment, pray that the Lord will bring to you the people you need to teach. Refuse to be baited.

If you don't love all people unconditionally, even your political enemies (you can have great sorrow for them), and you don't serve with the right heart, you will not enjoy New Jerusalem/Zion or the Celestial Kingdom.

1 Hour/Day Minimum of Prayer & Study

“Do you really want to hear Him?”

- Have a prayer list you keep throughout the day. Designate a time that no one can interrupt.
 - Counsel with him instead of asking for “blessings”.
 - What can I do to help my spouse? My children? My neighbors?
 - What lack I yet? What is my mission? Pour out your heart and ask for the pain to be removed. Be willing to sacrifice something on the altar. What will you give up for the blessings you seek?
 - Sing to Father. He will have hymns play in your mind with answers too.
 - Be willing to sacrifice your time to be with Him. Be consistent.
 - Keep notes! Be sure to go back with gratitude with every answer.
 - Ask Him questions about your studies. What does this mean? How can I apply this?
 - Study: Zion/New Jerusalem, fulness of the priesthood, protections & Blessings, and promises to the Saints. Several of the Conference talks have these subjects!
 - Testify daily of Christ to someone else. “I’m grateful to Christ for ___”

4 Things to Ask Father Each Day

1. Ask for the Holy Ghost to be your guide. D&C 45:57 Who are the 5 wise virgins.
2. Ask Him surround your with angels to protect you and your family and to cast away devils, demons and unclean spirits.
3. Ask for forgiveness of your sins and weaknesses that you may stand clean before Him.
4. *Ask Him, “What can I do for you today Father?” (Watch for mighty spiritual experiences to happen.)* If you die early, you need not worry, you know you will have been about the Father’s work.

Step up your Charity.

- Do you leave people better than you found them?
- Forgive quickly. Hug quickly. Say I love you quickly.
- Do you pray for others? When listening to them, pay attention to what they need help with. Put it on your prayer list.
- Are you the Savior's arms and hands? Can he count on you?