

# Home Fallout Shelter Supply List For a Family of Five

(14 day occupation)

## water & food:

150 gallons  
14 days worth  
1

water

canned or packaged foods that do not need to be cooked

can opener

Try to stay away from dried or boxed foods and other foods that need preparation. Sugared drinks are good and other things that will allow people to drink fluids when they really don't want to.

Sterno - This does not mean food cannot be heated just try not to have to cook them.

Sterno stoves

kitchen matches

plate, cup, eating utensils (do *not* plan on paper products due to the bulk of garbage)

paper towels

Vitamin C (1000mg doses)

vitamin A

vitamin E



50 cans

2

1 box

1 set per person

5 rolls

1 large bottle

1 large bottle

1 large bottle

## lighting & electricity:

5

flashlights

5 batteries powered fans (1 per person) \*\*\*see note below

1 am/fm battery powered radio

1 HAM radio

1 FRS radio

20 extra batteries for flashlights

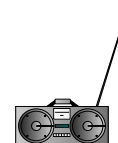
20 extra batteries for radios

50 extra batteries for game boy, CD players, or similar devices - if using them

30 (8) hour light sticks - (as a *backup to internal power failure if using a 12 volt system*)

1

12 volt lighting and ventilation system



## tools:

2

shovels

1

axe

2

"J" type pry bars (*different sizes*)

1 per person

towels

5

wash rags for dishes and such

10

Sunday edition newspapers for wrapping of solid waste that cannot be consumed

1 set

pliers

1

crescent wrench

1

5 lb. ABC rated fire extinguisher



## sanitation:

1

porta-potty (*a flushing one is preferred to keep down the stench*)

20

lawn size heavy duty garbage bags with ties

30

heavy duty garbage can liners for port-a-potty - if using a bag type porta-potty

10 lbs.

quick lime - store in original paper sacks up off the floor (OK to freeze) - do not store is glass breakable bottles

1

small quantity water filter (*200 gallon filter*)

1 quart

anti-bacterial hand soap with a dispenser

1 quart

dish soap

1 quart or pound

detergent for washing clothes

1 gallon

isopropyl (rubbing) alcohol

1 gallons

regular liquid bleach

2 boxes

Borax or equivalent for the stench in the port-a-potty - do not use Pine-Sol in an inclosed environment

10 pounds

kitty litter

10

dust masks

1 for each person

gas masks with extra cartridges (M-95 preferred)

6 for each person

surgical masks

10 pair for each person

latex gloves - S, M, L, & XL sizes

10 pair

rubber gloves for those allergic to latex

2

body bags

32

five gallon buckets with tight fitting lids - this is for liquid waste disposal - *do not use 55 gallon drums*

3

large wash basins to act a sinks

1 for each person

toothbrush and toothpaste

1bottle

shampoo

20

clothes pins

20 feet

clothes line

as needed

FHP - (girl stuff)

1 per person

wash cloth

1 per person

small bath towel

40 rolls

toilet paper (*this is more than normal to be able to deal with radiation sickness*)

2 large containers

baby wipes or pre-moistened towelettes

as needed

cleaning solution for contacts

1

shower curtain to string up for privacy

