

In the event of possible nuclear attack - (your family) household

With **15 minutes** warning do the following:

- 1- account for everyone - get everyone home
- 2- bring the dogs and the dog's food and water in and downstairs into guest bedroom and tie them to the bed post with food and water bowls
- 3- turn on TV to channel 5 *and* a battery powered radio to 1160 AM or 102.7 FM (KSL)
- 4- warn the neighbors on the block - tell them to open pink booklet to page 27 or 30 and follow the instructions
- 5- park vehicles in garage facing out and pull out batteries and take them to the shelter
- 6- close and lock all windows, curtains, and doors
- 7- start filling up the window wells from the inside with books and magazines starting with the guest bedroom room then the family room then the other downstairs bedroom then the storage room, in that order
- 8- turn off the gas, electricity and water, in that order
- 9- cover the shelter window well (*the one with rock in it*) with plastic
- 10- go into the shelter
- 11- get out the radiation survey meter, put a battery in it and turn it on and zero it out
- 12- take out the radiation monitoring sheets and begin filling them out
- 13- give everyone 1 Potassium Iodide tablet (*on the shelf in the shelter or office*)

With **30 minutes** warning do the following:

- 1- do all of the above
- 2- cover the garden boxes with plastic - put wood on it or staple it to hold down the plastic
- 3- cover the wood pile with plastic and bring downstairs 10 large arm-loads of wood
- 4- start filling up the window wells from the outside with dirt that you dig up in the yard close to the window well you are filling, starting with the guest bedroom room then the family room then other downstairs bedroom then the storage room, in that order
- 5- bring in both triage kits from the CERT closet to the living room
- 6- empty the refrigerator and the freezer - put everything in coolers and bring them downstairs
- 7- lock the shed and shop
- 8- close the chimney flue and seal the fireplace and wood-burning stove with plastic on the roof if you can get up there - if not do it from the inside
- 9- disconnect or unplug all electrical and electronic appliances
- 10- gather all the FSR and ham radios and laptop computers together and put them in the microwave in the shelter including one battery powered radio

With **more than 30 minutes** warning do the following:

- 1- do all of the above
- 2- take all of the food storage buckets and put them in the sewing room carefully trying to cover the whole floor - focus on the center of the room first where the heating duct runs
- 3- bring clothing from upstairs downstairs
- 4- bring the electrical toolbox from the garage downstairs
- 5- pick all of the ripe fruits and vegetables
- 6- dig a 24" deep hole in the northwest corner of the backyard close to the fence
- 7- bring in the rest of the wood pile and put in living room
- 8- bring all the bedding material from upstairs to the family room for visitors
- 9- get plastic and duct tape out and place them by windows in case you have to cover them in a hurry
- 10- check and fill the chainsaw with fuel - it should already be full
- 11- clean up the yard of any possible flying debris
- 12- get back up disks from safe, back up the computers, and place all back up disks back in the safe
- 13- lay down plastic, newspaper, and a few blankets over the carpet in the guest bedroom for the dogs
- 14- set up water and food dishes for extended feeding for the dogs (*at least 3 days worth*)
- 15- give the dogs two Benadryl capsules each to calm them down and knock out the dogs for a while
- 16- screw down the cover to the hot tub
- 17- have everyone use the toilet
- 18- eat a good hot meal
- 19- take a quick shower